

Rethink Behavioral Health New User Instructions: Web Browser & Mobile App

- 1. The first time you sign into the https://www.rethinkbehavioralhealth.com/, you will need to update your password. Please do so as follows:
 - Navigate to <u>https://www.rethinkbehavioralhealth.com/</u>
 - O Select Log In (upper right side of the webpage)
 - o Enter your uncommon thread email address as your username.
 - Select "forgot password" to create your new password.

User Settings

Target settings will be locked once skills and behaviors are downloaded.

Interval settings will be locked for skills and behaviors once a timer has started

MST Setting will be locked for skills and behaviors once a timer has started

NOTE: If an email (from Rethink) with instructions to reset your password is not received in your inbox or junk/spam folders, contact employee support - <u>Jennifer Pombo</u> immediately.

- 2. Once you have successfully logged into the new RethinkBH platform on the web, you can download the RethinkBH App to your mobile device. Your username and password will be the same for both the website and mobile app.
 - O From an iPhone/iPad: Download the RethinkBH app from the App Store.
 - o From an Android phone/tablet: Download the RethinkBH app from the Google Play Store
- 3. Once the app has been downloaded to your mobile device, you need to login and adjust your settings by clicking on the gear icon on the Main Menu.
- 4. Adjust Mobile app settings as follows:

▼ Target Settings

Only select first target
 O Select all targets.
 Interval Settings

Behavior Timers

Skill Timers

O Interval timer default set to start.
Interval timer default set to stop.
Auditory Chime when behavior interval ends

Interval timer default set to start.
 Interval timer default set to stop.
 Auditory Chime when skill interval ends
 Interval ends with a chime
 Interval ends without a chime
 Momentary Time Sample

O Intervals without a response, scored as yes (Y)
 O Intervals without a response, scored as a no (N)
 O Intervals without a response, scored as a cancel (C)

Interval ends with a chime
 Interval ends without a chime



Skills	
Percentage input field for opportunity based programs.	
O Show	
⊘ Hide	
Behaviors	
Percentage input field for opportunity based programs	
O Show	
▼ Frequency Settings	
If user enters 0 for frequency, 0 will be graphed regardless of setting.	
Skill	
When user syncs without data	
O Frequency field starts as zero and targets graphed as 0	
Frequency field starts as blank, which is not graphed.	
Behaviors	
When user syncs without data	
Frequency field starts as zero and targets graphed as 0	
O Frequency field starts as blank, which is not graphed.	
▼ Duration Settings	
Skills	
When user syncs without data	
O Duration field starts as zero and targets graphed as 0	
Ouration field starts as blank, which is not graphed.	
Behaviors	
When user syncs without data	
Ouration field starts as zero and targets graphed as 0	
ODuration field starts as blank, which is not graphed	

5. Congratulations!! You've successfully logged into the RethinkBH Website & Mobile App, and successfully adjusted your Mobile app settings. Once we go LIVE of March 27, you are ready to go!!

If you have any issues, please contact your Case Manager!







